

I Keep Healthy

From Swing Thing

Healthy, healthy, I keep healthy,
I'm a special somebody,
Healthy, healthy, I keep healthy,
Staying healthy is up to me.

I go to bed early to keep me healthy,
Go to bed early to look after me,
Go to bed early to keep me healthy,
It's my responsibility.

Healthy, healthy, I keep healthy,
I'm a special somebody,
Healthy, healthy, I keep healthy,
Staying healthy is up to me.

I eat fruit and veges to keep me healthy,
Eat fruit and veges to look after me,
I eat fruit and veges to keep me healthy,
It's my responsibility.

Healthy, healthy, I keep healthy...

I drink lots of water to keep me healthy,
Drink lots of water to look after me,
I drink lots of water to keep me healthy,
It's my responsibility.

Healthy, healthy, I keep healthy...

I wear my sunhat to keep me healthy,
I wear my sunhat to look after me,
I wear my sun hat to keep me healthy,
It's my responsibility.

Healthy, healthy, I keep healthy...

By Janet Channon